

Symptoms: bilirubin 23 - wants to know if its normal, also fasting and headache.

Case Summary

Disposition:

The individual MUST contact their own GP Practice within 3 working days.

Dx75

Selected care service:

ELC TH - Tredegar Practice (Home GP)

Pathways Assessment:

An injury or health problem was the reason for the contact.

Heavy bleeding had not occurred in the previous 30 minutes.

An illness or health problem was the main problem.

headache

The individual was not fighting for breath.

A heart attack, chest/upper back pain, probable stroke, recent fit/seizure or suicide attempt was not the main reason for the assessment.

New confusion, declared diabetic hypo/hyperglycaemia or a probable allergic reaction was not the main reason for the contact.

The skin on the torso felt normal, warm or hot.

Pathway selected - Headache

There had been no head injury in the previous 3 days.

There had been no loss of consciousness for more than 3 minutes within the previous 24 hours.

Severe illness and a rash suggestive of septicaemia were not described.

There was no history of stroke or TIA.

There were no episodes of inability to raise both arms, difficulty speaking or unilateral facial weakness in the previous 6 months.

Severe illness and inability to flex the neck or photophobia were not described.

There was no severe headache of sudden onset.

There had been no inhalation of a hot or poisonous substance in the previous 24 hours.

There was no new disturbance of vision.

There was no new or worsening confusion.

There was a fever at the time of assessment or within the previous 12 hours.

The individual had not experienced recurrent daily headache for 2 weeks or more.

There had been no foreign travel in the previous 4 weeks or possible exposure to malaria in the previous 12 months

There was no persisting or re-emerging fever.

Medication type or dosage had not changed within the previous 2 weeks.

There were no new lumps or swellings that had been present for more than 2 weeks.

The individual had felt generally unwell over the previous month.

There was no vomiting.

Instructions given were: The individual must be seen by their own GP Practice within 3 working days.

Directory of Services referral: ELC TH - Tredegar Practice (Home GP)

Advice given: Worsening Headache Fever

Advice given:

If the condition gets worse, changes or if you have any other concerns, call us back.

Unless advised not to, or they have already been given, paracetamol or ibuprofen can be used to relieve a headache. Follow the instructions in the pack. If in doubt ask a pharmacist.

Put a warm flannel on the back of the neck.

Severe illness and a new rash with red-blue, purple or brown pinprick spots or blotches, or severe illness and cold limbs - DIAL 999 FOR AN AMBULANCE.

Unless advised not to, or they have already been given, paracetamol or ibuprofen can be used to reduce a fever. Follow the instructions in the pack. If in doubt ask a pharmacist.
Only wear light clothing. Don't wrap up to try to sweat out the fever.
Don't try to cool down by cold sponging or fanning. Cooling down too quickly can cause shivering, which makes the temperature go up again.
New rash with red-blue, purple or brown pinprick spots or blotches - DIAL 999 FOR AN AMBULANCE.
The individual becomes very drowsy, unresponsive or has a fit - DIAL 999 FOR AN AMBULANCE.